

Esthetician AAS DEGREE

Esthetician DIPLOMA

Esthetician CERTIFICATE

esthetician careers

Esthetician services include specialized work with skin care products, analysis of skin, massage techniques, aromatherapy, facials, makeup applications, and temporary hair removal.

After esthetician students complete 600 hours of skills and theory training and pass the written exam through the State designated testing service and skills certification, they are eligible for licensure through the Minnesota Board of Barber and Cosmetologist Examiners.

About the program

What you'll learn

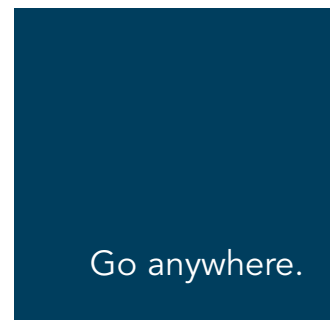
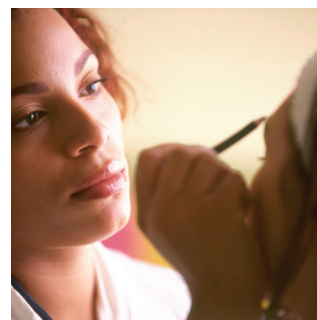
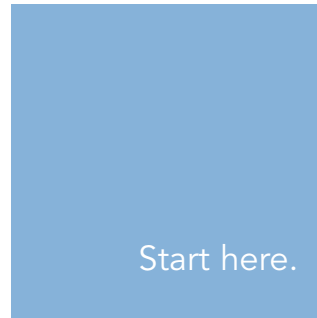
- Anatomy, physiology and histology of the skin and body
- Skin analysis and massage
- Cosmetic ingredients
- Customer service
- Makeup application
- Use of machines to administer skin treatments
- Temporary hair removal
- Brow and lash tinting

Career settings

- Full Service Salons
- Day spas
- Fitness Centers
- Dermatologist and plastic surgeon offices
- Sales Representative

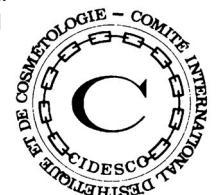
Professional Affiliations

National Cosmetology Association Minnesota (NCA)
American Association for Esthetics Education (AAEE)



Saint Paul College's Esthetician Program is a CIDESCO school. This means the program prepares candidates for the CIDESCO examination. CIDESCO is an internationally recognized esthetics credential.

Comite'International d' Esthetique
et de Cosmetologie
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Web site: www.cidesco.com



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www.saintpaul.edu

Start here. Go anywhere.

How to get started

To find out more about this program and Saint Paul College, go to our Web site, www.saintpaul.edu, where you can find more program information, explore all the College has to offer or sign up for a campus tour. You can also call 651.846.1666 with your questions.

Esthetician AAS Degree

Course		Cr
CHSN 1410	Preclinic Introduction	4
CHSN 1420	Body Systems & Diseases	4
CHSN 1462	Clinic 2 – Skin	4
CHSN 1463	Clinic 3 – Advanced Skin	4
COSM 1407	Preclinic Nail Care	3
ESTH 1445	Cosmetic Chemistry & Makeup Applications	4
ESTH 1455	Skin Analysis and Massage	4
HLTH 1410	Medical Terminology	1
HLTH 1420	Anatomy & Physiology	4
HLTH 1417	Somatic Practitioner: Business and Ethics	3
HLTH 1425	Clinical Applications in Kinesiology	3
Subtotal		38
Select one emphasis:		14
Medical Esthetician OR Spa Technician Emphasis		
General Education Requirements (Select at least 20 credits of General Education)		20
Total Program Credits		72

Medical Esthetician Emphasis

Course		Cr
BIOL 1760	Nutrition	3
HLTH 1900	Pathology for the Somatic Practitioner	4
PSYC 1720	Psychology throughout the Lifespan (meets goal 5 of Gen. Ed Requirements)	3
HLTH 1455	Yoga Postures/Asanas	2
HLTH 1456	Yoga Relaxation Techniques	2

The following General Education courses are required for the Medical Esthetician Emphasis:

BIOL 1740	General Biology: The Living Cell	5
CHEM 1711	Principles of Chemistry 1	4
SPCH 1720	Interpersonal Communication	3

Spa Technician Emphasis

Course		Cr
MASS 1400	Intro to Therapeutic Massage	4
MASS 1421	Massage Spa Techniques	2
MASS 1422	Massage Clinical Techniques	4
MASS 1480	Massage Therapy Practicum	4

The following General Education course is required for the Spa Technician Emphasis:

BIOL 1760	Nutrition	3
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For additional information about recommended Course Sequence, Minimum Program Entry Requirements and Program Outcomes, please see the Program Guide Sheet. Guide Sheets are available online on each Program Web page at www.saintpaul.edu or in Enrollment Services.

For more information about the curriculum please contact the faculty advisor:

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This document is available in alternative formats to individuals with disabilities by calling 1.800.227.6029, 651.846.1547(V) / 651.846.1548(TTY) or email DisabilityServices@saintpaul.edu.

Saint Paul College is an Equal Opportunity employer and educator.

Saint Paul College reserves the right to change the program requirements in this brochure without notice. This brochure is not a contract.

Esthetician Diploma

Course		Cr
CHSN 1410	Preclinic Introduction	4
CHSN 1420	Body Systems & Diseases	4
CHSN 1461	Clinic 1 – Nails	3
CHSN 1462	Clinic 2 – Skin	4
CHSN 1463	Clinic 3 – Advanced Skin	4
COSM 1407	Preclinic Nail Care	3
ESTH 1445	Cosmetic Chemistry & Makeup Applications	4
ESTH 1455	Skin Analysis and Massage	4
HLTH 1410	Medical Terminology	1
HLTH 1420	Anatomy & Physiology	4
HLTH 1425	Clinical Applications in Kinesiology	3
HLTH 1460	Nutrition for the Health Professions	2
HLTH 1900	Pathology for the Somatic Practitioner	4
MASS 1400	Introduction to Therapeutic Massage	4
MASS 1421	Massage Spa Techniques	2
MASS 1422	Massage Clinical Techniques	4
MASS 1480	Massage Therapy Practicum	4
Subtotal		58
General Education Requirements		3
SPCH 1720 Interpersonal Communication OR SPCH 1782 Organizational Communication (recommended)		
Total Program Credits		61

Esthetician Certificate

Course		Cr
CHSN 1410	Preclinic Introduction	4
CHSN 1420	Body Systems & Diseases	4
CHSN 1462	Clinic 2 – Skin	4
CHSN 1463	Clinic 3 – Advanced Skin	4
ESTH 1445	Cosmetic Chemistry & Makeup Applications	4
ESTH 1455	Skin Analysis & Massage	4
Subtotal		24
General Education Requirements		3
SPCH 1720 Interpersonal Communication OR SPCH 1782 Organizational Communication (recommended)		
Total Program Credits		27

Additional benefits

- Esthetician AAS Spa Technician Emphasis or Esthetician Diploma graduates will meet the criteria for the CIDESCO exam requirement of 1200 hours of training in skin, massage and nail services. Graduates of these 2 program options are trained in therapeutic skin and body services.
- CIDESCO Post Graduate Examination
Qualified Beauty Therapists who have worked for at least three years may be upgraded to CIDESCO standards by taking the CIDESCO examination after completing the 40-hour pre-exam course at Saint Paul College which is a registered CIDESCO school.

