

Esthetician Advanced Practice AAS DEGREE

Program Overview

Advanced Practice (AP) Esthetics AAS degree includes the complete basic esthetics certification program, the complete AP esthetics certificate program, and the general education requirements required for completion of a two year AAS degree. AP Esthetics service include specialized training and clinical practice in four AP esthetics categories: chemical exfoliation of the skin, exfoliation of the skin using a machine or device, advanced skin care techniques, and skin needling.

The Advanced Practice Esthetics AAS Degree is designed to be the next level of training for the esthetician or cosmetologist that wishes to specialize in the afore mentioned categories including advanced understanding of skin anatomy and physiology, skin history, skin care products and ingredients, pre and post treatment regiments, client consultation including skin analysis and skin typing, and risk management. Students learn to perform chemical peels, microdermabrasion, dermaplaning, skin needling, and facials utilizing machines, electrical devices and lymphatic drainage.

Career Opportunities

After AP Esthetics students complete all theory, practical training and state testing as defined in Rule by the State of Minnesota and the Minnesota Board of Cosmetology, they are eligible for licensure through the Minnesota Board of Cosmetology. AP estheticians work in a variety of settings including salons, spas, fitness centers, medi-spas, and skin clinics. AP estheticians may also have their own Advanced Practice Esthetics business.

Final licensing and/or state testing are independent of graduation requirements.

Program Outcomes

1. Graduates will be prepared to take the basic and AP esthetics practical skills test.
2. Graduates will be prepared to take the Minnesota State basic and AP esthetics written practical, theory, and state law test administered through the Sate designated testing service (access information at <http://mn.gov/boards/cosmetology/>).
3. Graduates will have advanced knowledge and skills in AP esthetician services.
4. Graduates will possess advanced knowledge and skills for personal care of the skin.
5. Graduates will have advanced knowledge and skills in products and ingredients.
6. Graduates will have advanced knowledge and skills in licensed salon operations focusing on AP esthetics services.
7. Graduates will have the advanced knowledge and skills for work and life roles.
8. Graduates will have prepared for employment as an AP esthetician
9. Graduates will have completed general education requirements.

Program Faculty

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Textbook and Supply Costs

Students should expect to spend approximately \$1,900.00 for esthetics books and supplies (first or third semester) and \$2,000.00 for AP esthetics books and supplies (second or fourth semester). Tuition, college fees and books for remaining courses are not included in this cost. Items can be purchased in the College Bookstore. Be prepared to purchase all Esthetics kits with the instructor on the second day of class during the corresponding semester.

Financial aid must have been completed. In addition, there are fees to take the Minnesota licensure exam and obtain a Minnesota license.

Program Requirements

- Check off when completed
- Required Program Orientation**
All Cosmetology, Esthetics, Advanced Practice Esthetician, and Nail Technician applicants must attend a program orientation prior to enrollment as a full-time student. Please call the Clinic Receptionist at 651.846.1329 to reserve your space at an orientation.

Course	Cr/HR
<input type="checkbox"/> CHSN 1598 Body Systems & Diseases (online)	4/80
<input type="checkbox"/> CHSN 1599 Preclinic Introduction (online).	4/80
<input type="checkbox"/> ESTH 1645 Cosmetic Chemistry & Makeup Applications	4/80
<input type="checkbox"/> ESTH 1650 Skin Analysis & Massage	4/112
<input type="checkbox"/> ESTH 1651 Clinic 1 for Estheticians	4/128
<input type="checkbox"/> ESTH 1652 Clinic 2 for Estheticians	4/128
<input type="checkbox"/> ESTH 1710 Risk Management for Estheticians (online)	2/40
<input type="checkbox"/> ESTH 1712 Advanced Exfoliation.	4/112
<input type="checkbox"/> ESTH 1714 Advanced Skin Care Techniques	5/128
<input type="checkbox"/> ESTH 1716 Advanced Clinic 1 for Estheticians	4/128
<input type="checkbox"/> ESTH 1718 Advanced Clinic 2 for Estheticians	4/128
Subtotal.	43/1144

*Information is subject to change.
This Program Requirements Guide is not a contract.*

General Education/MnTC Requirements Cr

Refer to the Minnesota Transfer Curriculum Course List for each Goal Area

- Goal 1: Communication.7
ENGL 1711 Composition 1 – 4 cr
COMM 1720 Interpersonal Communication - 3 cr
- Goal 3: Natural Sciences4
CHEM 1711 Principles of Chemistry 1 – 4 cr
- Goal 5: History, Social Science and Behavioral Sciences3
PSYC 1720 Psychology Throughout the Lifespan
- Goal 6: Humanities & Fine Arts3
General Education Requirements 17

Total Program Credits 60

Program Start Dates

Fall, Spring
Summer – online CHSN 1598 & CHSN 1599 only

Course Sequence

The course sequence listed on the back of this guide is required.

*See back of this guide for
Course Sequence & Transfer Opportunities*

Minimum Program Entry Requirements

Students entering this program must meet the following minimum program entry requirements:

Reading: Score of 60+ or grade of "C" or better in READ 0721

Writing: Score of 60+ or grade of "C" or better in ENGL 0921

Elementary Algebra: Score of 76+ or grade of "C" or better in MATH 0910

Assessment Results and Prerequisites: Students admitted to Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.

Esthetician Advanced Practice AAS DEGREE *(continued)*

Course Sequence

There are two options for course sequence:

OPTION ONE

First Semester

CHSN 1598 Body Systems & Diseases (online)	4
<i>This course is a prerequisite to or must be taken concurrently with CHSN . . . 1599, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.</i>	
May be taken the semester prior to FIRST SEMESTER, including summer.	
CHSN 1599 Preclinic Introduction (online)	4
<i>This course is a prerequisite to or must be taken concurrently with CHSN . . . 1598, ESTH 1645, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.</i>	
May be taken the semester prior to FIRST SEMESTER, including summer.	
ESTH 1645 Cosmetic Chemistry & Makeup Applications	4
<i>This course is a prerequisite to ESTH 1650</i>	
ESTH 1650 Skin Analysis and Massage.	4
ESTH 1651 Clinic 1 for Estheticians	4
ESTH 1652 Clinic 2 for Estheticians	4
Total Semester Credits	24

Second Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology or current/active Minnesota basic esthetician, or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians (online)	2
ESTH 1712 Advanced Exfoliation	4
ESTH 1714 Advanced Skin Care Techniques	5
ESTH 1716 Advanced Clinic 1 for Estheticians	4
ESTH 1718 Advanced Clinic 2 for Estheticians	4
Total Semester Credits	19

Third Semester

Goal 1: ENGL 1711 Composition	4
Goal 3: CHEM 1711 Principles of Chemistry	4
Total Semester Credits	8

Fourth Semester

Goal 1: COMM 1720 Interpersonal Communication	3
Goal 5: PSYC 1720 Psychology Throughout the Lifespan	3
Goal 6: Humanities and Fine Arts	3
Total Semester Credits	9

OPTION TWO

First Semester

Goal 1: COMM 1720 Interpersonal Communication	3
Goal 3: CHEM 1711 Principles of Chemistry 1	4
Goal 5: PSYC 1720 Psychology Throughout the Lifespan	3
Goal 6: Humanities and Fine Arts	3
Total Semester Credits	13

Second Semester

Goal 1: ENGL 1711 Composition 1	4
CHSN 1598 Body Systems and Disease (online)	4
<i>This course is a prerequisite to or must be taken concurrently with CHSN 1599, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.</i>	
May be taken the semester prior to FIRST SEMESTER, including summer.	
CHSN 1599 Preclinic Introduction (online)	4
<i>This course is a prerequisite to or must be taken concurrently with CHSN 1598, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.</i>	
May be taken the semester prior to FIRST SEMESTER, including summer.	
Total Semester Credits	12

Third Semester

ESTH 1645 Cosmetic Chemistry & Makeup Applications	4
<i>This course is a prerequisite to ESTH 1650</i>	
ESTH 1650 Skin Analysis & Massage	4
ESTH 1651 Clinic 1 for Estheticians	4
ESTH 1652 Clinic 2 for Estheticians	4
Total Semester Credits	16

Fourth Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians (online)	2
ESTH 1712 Advanced Exfoliation	4
ESTH 1714 Advanced Skin Care Techniques	5
ESTH 1716 Advanced Clinic 1 for Estheticians	4
ESTH 1718 Advanced Clinic 2 for Estheticians	4
Total Semester Credits	19
Total Program Credits	60

Cosmetology Student Handbook/ Agreement Form

All new and returning students will need to access D2L Brightspace PRIOR to the first day of classes to read the Cosmetology student handbook. After you have read the handbook, you MUST print and sign Student Agreement Form, Hepatitis B Vaccination/Declination Form, Property and Equipment Form, and Rollabout Form and return them to your instructor on the FIRST DAY of class before you will be admitted to class. You will need to perform this task prior to the first day of each semester. Please direct questions to the assigned instructor of your first class.

Advanced Esthetics Classes Prerequisite

In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

All necessary documents must be submitted to the program faculty for verification prior to registration.

Transfer Opportunities

Saint Paul College has a transfer articulation agreement between the following program and post-secondary institutions for the baccalaureate degree programs listed below.

For more information please go to saintpaul.edu/Transfer.

Esthetician Advanced Practice AAS

BA	Health Care Administration Concordia University, St. Paul
BA	Individualized Studies Metropolitan State University
BS	Healthcare and Human Service Management Saint Mary's University, Twin Cities Camp