

Advanced Practice Esthetics AAS DEGREE

Program Overview

The Advanced Practice Esthetics (AP) AAS degree includes the complete basic esthetics certification program, the complete AP esthetics certificate program, and the general education requirements required for completion of a two year AAS degree. AP Esthetics service include specialized training and clinical practice in four AP esthetics categories: chemical exfoliation of the skin, exfoliation of the skin using a machine or device, advanced skin care techniques, and skin needling.

The Advanced Practice Esthetics (AP) AAS degree is designed to be the next level of training for the esthetician or cosmetologist that wishes to specialize in the afore mentioned categories including; advanced understanding of skin anatomy and physiology, skin histology, skin care products and ingredients, pre and post treatment regimens, client consultation including skin analysis and skin typing, and risk management. Students learn to perform chemical peels, hydrodermabrasion, microdermabrasion, dermaplaning, skin needling, facials utilizing machines, electrical devices, facial lymphatic drainage massage, and advanced extractions using needles and lancets.

Career Opportunities

After AP Esthetics students complete all theory, practical training and state testing as defined in Rule by the State of Minnesota and the Minnesota Board of Cosmetology, they are eligible for licensing through the Minnesota Board of Cosmetology. AP estheticians work in a variety of settings including salons, spas, fitness centers, medi-spa's, and skin clinics. AP estheticians may also have their own Advanced Practice Esthetics business.

Final licensing and/or state testing are independent of graduation requirements.

Program Outcomes

1. Graduates will be able to perform advanced exfoliation using chemicals.
2. Graduates will be able to perform advanced exfoliation using machine or device.
3. Graduates will be able to perform advanced extractions using lancets and needles.
4. Graduates will be able to perform electrical energy treatments.
5. Graduates will be able to perform skin needling.
6. Graduates will be able to perform facial lymphatic drainage massage.
7. Graduates will be able to perform advanced client consultations

Elizabeth Elshaboury

elizabeth.elshaboury@saintpaul.edu

Textbook and Supply Costs

Students should expect to spend approximately \$2,200.00 for esthetics books and supplies (first or third semester) and \$2,500.00 for AP esthetics books and supplies (second or fourth semester). Tuition, college fees and books for remaining courses are not included in this cost. Items can be purchased in the Online College Bookstore. Be prepared to purchase all Esthetics kits with the instructor on the second day of class during the corresponding semester.

Financial aid must have been completed. In addition, there are fees to take the Minnesota licensure exam and obtain a Minnesota license.

Program Requirements

- Check off when completed
- Required Program Orientation**
All Cosmetology, Esthetics, Advanced Practice Esthetician, and Nail Technician applicants must attend a program orientation prior to enrollment as a full-time student. Please call the Clinic Receptionist at 651.846.1329 to reserve your space at an orientation.

Course	Cr/HR
<input type="checkbox"/> CHSN 1698 Body Systems & Diseases (online)	3
<input type="checkbox"/> CHSN 1699 Preclinic Introduction (online)	3
<input type="checkbox"/> ESTH 1645 Cosmetic Chemistry & Makeup Applications	4/80
<input type="checkbox"/> ESTH 1650 Skin Analysis & Massage	4/112
<input type="checkbox"/> ESTH 1651 Clinic 1 for Estheticians	4/128
<input type="checkbox"/> ESTH 1652 Clinic 2 for Estheticians	4/128
<input type="checkbox"/> ESTH 1710 Risk Management for Estheticians (online)	2/40
<input type="checkbox"/> ESTH 1712 Advanced Exfoliation	4/112
<input type="checkbox"/> ESTH 1714 Advanced Skin Care Techniques	5/128
<input type="checkbox"/> ESTH 1716 Advanced Clinic 1 for Estheticians	4/128
<input type="checkbox"/> ESTH 1718 Advanced Clinic 2 for Estheticians	4/128
Subtotal	41

General Education/MnTC Requirements Cr

*Information is subject to change.
This Program Requirements Guide is not a contract.*

Refer to the Minnesota Transfer Curriculum Course List for each Goal Area

- Goal 1: Communication.7
ENGL 1711 Composition 1 – 4 cr
COMM 1720 Interpersonal Communication - 3 cr
- Goal 3: Natural Sciences4
CHEM 1711 Principles of Chemistry 1 – 4 cr
- Goal 5: History, Social Science and Behavioral Sciences4
- Goal 6: Humanities & Fine Arts4
General Education Requirements 19

Total Program Credits 60

Program Start Dates

Fall, Spring
Summer – online CHSN 1698 & CHSN 1699 only

Course Sequence

The course sequence listed on the back of this guide is recommended.

*See back of this guide for
Course Sequence & Transfer Opportunities*

Minimum Program Entry Requirements

Students entering this program must meet the following minimum program entry requirements:

Reading: Score of 240+ or grade of "C" or better in READ 0721 or READ 0724 or EAPP 0860

Writing: Score of 240+ or grade of "C" or better in ENGL 0921 or EAPP 0870

Quant. Reasoning, Algebra & Stats: Score of 250+ or **Adv. Algebra & Functions:** Score of 215+ or grade of "C" or better in MATH 0910

Assessment Results and Prerequisites: Students admitted into Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.

410A

Program Faculty

Advanced Practice Esthetics AAS DEGREE *(continued)*

Course Sequence

Two possible options for course sequence with General education classes at beginning of program or at the end.

OPTION ONE

First Semester

CHSN 1698 Body Systems and Disease (online)	3
This course is a prerequisite to or must be taken concurrently with CHSN 1699, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652. May be taken the semester prior to FIRST SEMESTER, including summer.	
CHSN 1699 Preclinic Introduction (online)	3
This course is a prerequisite to or must be taken concurrently with CHSN 1698, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652. May be taken the semester prior to FIRST SEMESTER, including summer.	
ESTH 1645 Cosmetic Chemistry & Makeup Applications	4
This course is a prerequisite to ESTH 1650	
ESTH 1650 Skin Analysis & Massage	4
ESTH 1651 Clinic 1 for Estheticians	4
ESTH 1652 Clinic 2 for Estheticians	4
Total Semester Credits	22

Second Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians (online)	2
ESTH 1712 Advanced Exfoliation	4
ESTH 1714 Advanced Skin Care Techniques	5
ESTH 1716 Advanced Clinic 1 for Estheticians	4
ESTH 1718 Advanced Clinic 2 for Estheticians	4
Total Semester Credits	19

Third Semester

Goal 1: ENGL 1711 Composition 1	4
Goal 1: COMM 1720 Interpersonal Communication	3
Goal 3: CHEM 1711 Principles of Chemistry 1	4
Goal 5: History, Social Science, Behavioral Sciences	4
Goal 6: Humanities and Fine Arts	4
Total Semester Credits	19

Total Program Credits60

OPTION TWO

First Semester

Goal 1: COMM 1720 Interpersonal Communication	3
Goal 1: ENGL 1711 Composition 1	4
Goal 3: CHEM 1711 Principles of Chemistry 1	4
Goal 5: History, Social Science, Behavioral Sciences	4
Goal 6: Humanities and Fine Arts	4
Total Semester Credits	19

Second Semester

CHSN 1698 Body Systems and Disease (online)	3
This course is a prerequisite to or must be taken concurrently with CHSN 1699, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652. May be taken the semester prior to FIRST SEMESTER, including summer.	
CHSN 1699 Preclinic Introduction (online)	3
This course is a prerequisite to or must be taken concurrently with CHSN 1698, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652. May be taken the semester prior to FIRST SEMESTER, including summer.	
ESTH 1645 Cosmetic Chemistry & Makeup Applications	4
This course is a prerequisite to ESTH 1650	
ESTH 1650 Skin Analysis & Massage	4
ESTH 1651 Clinic 1 for Estheticians	4
ESTH 1652 Clinic 2 for Estheticians	4
Total Semester Credits	22

Third Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians (online)	2
ESTH 1712 Advanced Exfoliation	4
ESTH 1714 Advanced Skin Care Techniques	5
ESTH 1716 Advanced Clinic 1 for Estheticians	4
ESTH 1718 Advanced Clinic 2 for Estheticians	4
Total Semester Credits	19

Total Program Credits60

Cosmetology Student Handbook/ Agreement Form

All new and returning students will need to access D2L Brightspace PRIOR to the first day of classes to read the Cosmetology student handbook. After you have read the handbook, you MUST print and sign Student Agreement Form, Hepatitis B Vaccination/Declination Form, Property and Equipment Form, and Rollabout Form and return them to your instructor on the FIRST DAY of class before you will be admitted to class. You will need to perform this task prior to the first day of each semester. Please direct questions to the assigned instructor of your first class.

Advanced Esthetics Classes Prerequisite

In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

All necessary documents must be submitted to the program faculty for verification prior to registration.

Transfer Opportunities

Saint Paul College has transfer agreements & partnerships between many post-secondary institutions. For more information please go to saintpaul.edu/Transfer.