Program Requirements Guide 2020 - 2021

Esthetician Advanced Practice AAS DEGREE

Program Overview
The Esthetician Advanced Practice (AP) AAS degree includes the complete basic esthetics certification program, the complete AP esthetics certificate program, and the general education requirements required for completion of a two year AAS degree. AP Esthetics service include specialized training and clinical practice in four AP esthetics categories: chemical exfoliation of the skin, exfoliation of the skin using a machine or device, advanced skin care techniques, and skin needling.

The Esthetician Advanced Practice AAS degree is designed to be the next level of training for the esthetician or cosmetologist that wishes to specialize in the above mentioned categories including; advanced understanding of skin anatomy and physiology, skin histology, skin care products and ingredients, pre and post treatment regimens, client consultation including skin analysis and skin typing, and risk management. Students learn to perform chemical peels, hydrodermabrasion, microdermabrasion, dermaplaning, skin needling, facial devices, facial and lymphatic drainage massage, and advanced extractions using needles and lancets.

Career Opportunities
After AP Esthetics students complete all theory, practical training, and state testing as defined in Rule by the State of Minnesota and the Minnesota Board of Cosmetology, they are eligible for licensure through the Minnesota Board of Cosmetology. AP estheticians work in a variety of settings including salons, spas, fitness centers, medi-spas, and skin clinics. AP estheticians may also have their own Advanced Practice Esthetics business.

Final licensing and/or state testing are independent of graduation requirements.

Program Outcomes
1. Graduates will be able to perform advanced exfoliation using chemicals.
2. Graduates will be able to perform advanced exfoliation using machine or device.
3. Graduates will be able to perform advanced extractions using lancets or needles.
4. Graduates will be able to perform advanced energy treatments.
5. Graduates will be able to perform skin needling.
6. Graduates will be able to perform facial lymphatic drainage massage.
7. Graduates will be able to perform advanced client consultations

Program Faculty
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Textbook and Supply Costs
Students should expect to spend approximately $1,900.00 for esthetics books and supplies (first or third semester) and $2,500.00 for AP esthetics books and supplies (second or fourth semester). Tuition, college fees and books for remaining courses are not included in this cost. Items can be purchased in the Online College Bookstore. Be prepared to purchase all Esthetics kits with the instructor on the second day of class during the corresponding semester.

Financial aid must have been completed. In addition, there are fees to take the Minnesota licensure exam and obtain a Minnesota license.

Program Requirements
☐ Check off when completed
☐ Required Program Orientation
All Cosmetology, Esthetics, Advanced Practice Esthetician, and Nail Technician applicants must attend a program orientation prior to enrollment as a full-time student. Please call the Clinic Receptionist at 651.846.1329 to reserve your space at an orientation.

Course Cr/HR
☐ CHSN 1698 Body Systems & Diseases
  (online) .............................................. 3
☐ CHSN 1699 Preclinical Introduction
  (online) .............................................. 3
☐ ESTH 1645 Cosmetic Chemistry & Makeup
  Applications ...................................... 4/80
☐ ESTH 1650 Skin Analysis & Massage .............. 4/112
☐ ESTH 1651 Clinic 1 for Estheticians .............. 4/128
☐ ESTH 1652 Clinic 2 for Estheticians .............. 4/128
☐ ESTH 1710 Risk Management for Estheticians
  (online) .............................................. 2/40
☐ ESTH 1712 Advanced Exfoliation .................. 4/112
☐ ESTH 1714 Advanced Skin Care
  Techniques ......................................... 5/128
☐ ESTH 1716 Advanced Clinic 1
  for Estheticians .................................... 4/128
☐ ESTH 1718 Advanced Clinic 2
  for Estheticians .................................... 4/128
Subtotal .................................................. 41

General Education/MnTC Requirements Cr
☐ Refer to the Minnesota Transfer Curriculum Course List for each Goal Area
☐ Goal 1: Communication................................. 7
  ENGL 1711 Composition 1 – 4 cr
  COMM 1720 Interpersonal Communication - 3 cr
☐ Goal 3: Natural Sciences ............................... 4
  CHEM 1711 Principles of Chemistry 1 – 4 cr
☐ Goal 5: History, Social Science and Behavioral
  Sciences ................................................ 4
☐ Goal 6: Humanities & Fine Arts ...................... 4
☐ General Education Requirements .................. 19

Total Program Credits .................................. 60

Program Start Dates
Fall, Spring
Summer – online CHSN 1698 & CHSN 1699 only

The course sequence listed on the back of this guide is recommended.

See back of this guide for Course Sequence & Transfer Opportunities

Minimum Program Entry Requirements
Students entering this program must meet the following minimum program entry requirements:
Reading: Score of 240+ or grade of "C" or better in READ 0721
Writing: Score of 240+ or grade of "C" or better in ENGL 0921
Quant. Reasoning, Algebra & Stats: Score of 250+ or Adv. Algebra & Functions: Score of 215+ or grade of "C" or better in MATH 0910

Assessment Results and Prerequisites:
Students admitted into Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.

Information is subject to change.
This Program Requirements Guide is not a contract.
Course Sequence

Two possible options for course sequence with General education classes at beginning of program or at the end.

OPTION ONE

First Semester

CHSN 1698 Body Systems and Disease

This course is a prerequisite to or must be taken concurrently with CHSN 1699, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.

May be taken the semester prior to FIRST SEMESTER, including summer.

CHSN 1699 Preclinic Introduction

This course is a prerequisite to or must be taken concurrently with CHSN 1698, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.

May be taken the semester prior to FIRST SEMESTER, including summer.

ESTH 1645 Cosmetic Chemistry & Makeup Applications

This course is a prerequisite to ESTH 1650

ESTH 1650 Skin Analysis & Massage

ESTH 1651 Clinic 1 for Estheticians

ESTH 1652 Clinic 2 for Estheticians

Total Semester Credits

22

Second Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians

ESTH 1712 Advanced Exfoliation

ESTH 1714 Advanced Skin Care Techniques

ESTH 1716 Advanced Clinic 1 for Estheticians

ESTH 1718 Advanced Clinic 2 for Estheticians

Total Semester Credits

19

Third Semester

Goal 1: ENGL 1711 Composition 1

Goal 1: COMM 1720 Interpersonal Communication

Goal 3: CHEM 1711 Principles of Chemistry 1

Goal 5: History, Social Science, Behavioral Sciences

Goal 6: Humanities and Fine Arts

Total Semester Credits

19

Total Program Credits

60

OPTION TWO

First Semester

Goal 1: COMM 1720 Interpersonal Communication

Goal 1: ENGL 1711 Composition

Goal 3: CHEM 1711 Principles of Chemistry 1

Goal 5: History, Social Science, Behavioral Sciences

Goal 6: Humanities and Fine Arts

Total Semester Credits

19

Second Semester

CHSN 1698 Body Systems and Disease

This course is a prerequisite to or must be taken concurrently with CHSN 1699, ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652.

May be taken the semester prior to FIRST SEMESTER, including summer.

CHSN 1699 Preclinic Introduction

This course is a prerequisite to ESTH 1650

ESTH 1650 Skin Analysis & Massage

ESTH 1651 Clinic 1 for Estheticians

ESTH 1652 Clinic 2 for Estheticians

Total Semester Credits

22

Third Semester

All 17XX level classes run concurrently in the same semester. In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

ESTH 1710 Risk Management for Estheticians

ESTH 1712 Advanced Exfoliation

ESTH 1714 Advanced Skin Care Techniques

ESTH 1716 Advanced Clinic 1 for Estheticians

ESTH 1718 Advanced Clinic 2 for Estheticians

Total Semester Credits

19

Total Program Credits

60

Cosmetology Student Handbook/Agreement Form

All new and returning students will need to access D2L Brightspace PRIOR to the first day of classes to read the Cosmetology student handbook. After you have read the handbook, you MUST print and sign Student Agreement Form, Hepatitis B Vaccination/Declination Form, Property and Equipment Form, and Rollabout Form and return them to your instructor on the FIRST DAY of class before you will be admitted to class. You will need to perform this task prior to the first day of each semester. Please direct questions to the assigned instructor of your first class.

Advanced Esthetics Classes Prerequisite

In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic esthetician or Minnesota cosmetology license.

All necessary documents must be submitted to the program faculty for verification prior to registration.

Transfer Opportunities

Saint Paul College has a transfer articulation agreement between the following program and post-secondary institutions for the baccalaureate degree programs listed below.

For more information please go to saintpaul.edu/transfer.

Esthetician Advanced Practice AAS

BA Health Care Administration

Concordia University, St. Paul

BA Individualized Studies

Metropolitan State University

BS Healthcare and Human Service Management

Saint Mary’s University, Twin Cities Campus