Program Requirements

Graduates will be prepared to take the Minnesota licensure exam. In addition, there is a fee to take the Minnesota licensure exam.

Financial aid must have been completed. After students complete 600 hours of skills and theory training and pass the written exam taken through the State designated testing service and skills certification, they are eligible for licensure through the Minnesota Board of Cosmetologist Examiners. Estheticians work in a variety of settings including salons, spas, fitness centers, as well as dermatologist, plastic surgeons offices and hospitals. CIDESCO certification holders are able to license as an esthetician technician, certify as a massage therapist and license as a nail technician upon completion of clinic nail hours. Cross-trained therapists are able to work in spas, medical offices, cruise ships and 5 star resorts. Licensing or certification exams are independent of graduation requirements.

Program Outcomes
1. Graduates will be prepared to take the esthetician skills certification.
2. Graduates will be prepared to take the Minnesota State Esthetician written exam and state law test administered through the state designated service (access through www.bceboard.state.us).
3. Graduates will have knowledge and skills in salon operations focusing on skin services.
4. Graduates will be prepared for employment as an esthetician.
5. Graduates will have knowledge in cosmetic care product ingredients.
6. Graduates will be prepared to take the CIDESCO exam.
7. Graduates can transfer credits for the baccalaureate degree.

CIDESCO

CIDESCO Saint Paul College – A Community and Technical College Esthetician Program is a CIDESCO school. This means the program is allowed to prepare candidates for the CIDESCO examination. CIDESCO is the World’s Major International Beauty Therapy Association:
- Founded in 1946 with its Head Office in Zurich, Switzerland.
- CIDESCO is represented in over 37 countries.
- The CIDESCO Diploma is the world’s most prestigious qualification in the field of Aesthetics and Beauty Therapy.
- Since 1957, the CIDESCO qualification has been set standards that have been initiated over the five continents of the globe.
- The CIDESCO diploma is the world’s most prestigious qualification in the field of Aesthetics and Beauty Therapy.

Program Faculty
Lyubov Babina lyubov.babina@saintpaul.edu

Textbook and Supply Costs
Students should expect to spend approximately $1900.00 for esthetics books and supplies (first semester). Tuition, college fees and books for remaining courses are not included in this cost. Items can be purchased in the College Bookstore. Be prepared to purchase all Esthetics kits with the instructor on the second day of class.

General Education/MnTC Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Cr</th>
</tr>
</thead>
<tbody>
<tr>
<td>CHSN 1598 Body Systems &amp; Diseases (online)</td>
<td>4</td>
</tr>
<tr>
<td>CHSN 1599 Preclinic Introduction (online)</td>
<td>4</td>
</tr>
<tr>
<td>COSM 1603 Preclinic Nail Care</td>
<td>3</td>
</tr>
<tr>
<td>ESTH 1645 Cosmetic Chemistry &amp; Makeup Applications</td>
<td>4</td>
</tr>
<tr>
<td>ESTH 1650 Skin Analysis &amp; Massage</td>
<td>4</td>
</tr>
<tr>
<td>ESTH 1651 Clinic 1 For Estheticians</td>
<td>4</td>
</tr>
<tr>
<td>ESTH 1652 Clinic 2 for Estheticians</td>
<td>4</td>
</tr>
<tr>
<td>ESTH 1670 CIDESCO Exam Student Preparation</td>
<td>3</td>
</tr>
<tr>
<td>HLTH 1410 Medical Terminology</td>
<td>1</td>
</tr>
<tr>
<td>HLTH 1421 Anatomy &amp; Physiology for the Somatic Practitioner</td>
<td>4</td>
</tr>
<tr>
<td>MASS 1400 Introduction to Therapeutic Massage</td>
<td>4</td>
</tr>
<tr>
<td>MASS 1421 Massage Spa Techniques</td>
<td>2</td>
</tr>
<tr>
<td>MASS 1422 Massage Clinical Techniques</td>
<td>4</td>
</tr>
<tr>
<td>MASS 1480 Massage Therapy Practicum</td>
<td>4</td>
</tr>
<tr>
<td><strong>Subtotal</strong></td>
<td><strong>49</strong></td>
</tr>
</tbody>
</table>

| Total Program Credits                       | 66 |

Program Start Dates
Fall, Spring
Summer – online CHSN 1598 & CHSN 1599 only

Course Sequence

The course sequence listed on the back of this guide is recommended for a full-time student. Not all courses are offered during summer session.

Minimum Program Entry Requirements
Students entering this program must meet the following minimum program entry requirements:

Reading: Score of 60+ or grade of “C” or better in READ 0721
Writing: Score of 60+ or grade of “C” or better in ENGL 0921
Arithmetic: Score of 52+ or grade of “C” or better in MATH 0745

Assessment Results and Prerequisites: Students admitted to Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.
### Course Sequence

The following course sequence is required. Not all courses are offered during summer session.

#### First Semester
- CHSN 1598 Body Systems & Diseases (online) .......................... 4  
  This course is a prerequisite to or must be taken concurrently with ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652
- CHSN 1599 Preclinic Introduction (online) .......................... 4  
  This course is a prerequisite to or must be taken concurrently with ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652
- ESTH 1645 Cosmetic Chemistry & Makeup Applications ............. 4  
  This course is a prerequisite to ESTH 1650
- ESTH 1650 Skin Analysis and Massage ................................ 4
- ESTH 1651 Clinic 1 for Estheticians ................................ 4
- ESTH 1652 Clinic 2 for Estheticians ................................ 4
- **Total Semester Credits** ............................................. 24

#### Second Semester
- COSM 1603 Preclinic Nail Care ........................................ 3
- HLTH 1410 Medical Terminology ....................................... 1
- HLTH 1421 Anatomy & Physiology for the Somatic Practitioner .... 4
- MASS 1400 Introduction to Therapeutic Massage ................. 4
- Goal 1: COMM 17XX ................................................ 3
- Goal 3: BIOL 1760 Nutrition ........................................ 3
- **Total Semester Credits** ............................................. 18

#### Third Semester
- MASS 1421 Massage Spa Techniques ................................. 2
- MASS 1422 Massage Clinical Techniques .............................. 4
- MASS 1480 Massage Therapy Practicum .............................. 4
- **Total Semester Credits** ............................................. 10

#### Fourth Semester
- ESTH 1670 CIDESCO Exam Student Prep ............................... 3  
  Offered summer semester only
- Goal 1: ENGL 1711 Composition 1 .................................. 4
- Goal 3: CHEM 1711 Principles of Chemistry 1 .................. 4
- Goal 5: History, Social Science and Behavioral Sciences .......... 3
- **Total Semester Credits** ............................................. 14

- **Total Program Credits** ........................................... 66

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### Transfer Opportunities

Saint Paul College has a transfer articulation agreement between the following program and post-secondary institutions for the baccalaureate degree programs listed below.

For more information please go to saintpaul.edu/Transfer.

#### Esthetician Spa AAS

**BA**  
- Health Care Administration  
  Concordia University, St. Paul
- Individualized Studies  
  Metropolitan State University
- Healthcare and Human Service Management  
  Saint Mary's University, Twin Cities Campus