

Advanced Practice Esthetics CERTIFICATE

Program Overview

Advanced Practice (AP) esthetics services include specialized training and clinical practice in four AP esthetics categories: chemical exfoliation of the skin, exfoliation of the skin using a machine or device, advanced skin care techniques, and skin needling.

The Advanced Practice Esthetics Certificate is designed to be the next level of training for the esthetician or cosmetologist that wishes to specialize in the afore mentioned categories including advanced understanding of skin anatomy and physiology, skin histology, skin care products and ingredients, pre and post treatment regimens, client consultation including skin analysis and skin typing, and risk management. Students learn to perform chemical peels, hydrodermabrasion, microdermabrasion, dermaplaning, skin needling, facials utilizing machines, electrical devices, facial lymphatic drainage massage, and advanced extractions using needles and lancets.

This certificate is for the student who has a current/active Minnesota basic esthetician license, Minnesota cosmetology license; or for the student who has completed all theory, practical training and state testing as defined in Rule by the State of Minnesota and the Minnesota Board of Cosmetology and is progressing onto the next level of esthetics licensure.

Career Opportunities

After AP Esthetics students complete all theory, practical training and state testing as defined in Rule by the State of Minnesota and the Minnesota Board of Cosmetology, they are eligible for licensure through the Minnesota Board of Cosmetology. AP estheticians work in a variety of settings including salons, spas, fitness centers, medi-spa's, and skin clinics. AP estheticians may also have their own Advanced Practice Esthetics business.

Program Outcomes

1. Graduates will be able to perform advanced exfoliation using chemicals.
2. Graduates will be able to perform advanced exfoliation using machine or device.
3. Graduates will be able to perform advanced extractions using lancets and needles.
4. Graduates will be able to perform electrical energy treatments.
5. Graduates will be able to perform skin needling.
6. Graduates will be able to perform facial lymphatic drainage massage.
7. Graduates will be able to perform advanced client consultations

Program Faculty

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Textbook and Supply Costs

Students should expect to spend approximately \$2,500.00 for Advanced Practice esthetics books and supplies. Tuition, college fees and books for remaining courses are not included in this cost. Books can be purchased from the Online College Bookstore. Be prepared to purchase all esthetics kits with the instructor on the second day of class.

Financial aid must have been completed. In addition, there are required fees to take the Minnesota licensing exams and obtain a Minnesota license.

Cosmetology Student Handbook/ Agreement Form

All new and returning students will need to access D2L Brightspace PRIOR to the first day of classes to read the Cosmetology Student Handbook. After you have read the handbook, you MUST print and sign the Student Agreement Form, Hepatitis B Vaccination/Declination Form, Property and Equipment Form, and Rollabout form and return them to your instructor the FIRST DAY of class before you will be admitted to class. You will need to perform this task prior to the first day of EACH semester. Please direct questions to the assigned instructor of your first class.

Program Requirements

- Check off when completed
- Required Program Orientation**
All Cosmetology, Esthetics, Advanced Practice Esthetics and Nail Technician applicants must attend a program orientation prior to enrollment as a full-time student. Please call the Clinic Receptionist at 651.846.1329 to reserve your space at orientation.

Course	Cr/HR
<input type="checkbox"/> ESTH 1710 Risk Management for Estheticians (online)	2/40
<input type="checkbox"/> ESTH 1712 Advanced Exfoliation.	4/112
<input type="checkbox"/> ESTH 1714 Advanced Skin Care Techniques	5/128
<input type="checkbox"/> ESTH 1716 Advanced Clinic 1 for Estheticians	4/128
<input type="checkbox"/> ESTH 1718 Advanced Clinic 2 for Estheticians	4/128
Subtotal.	19/536

Total Program Credits 19

*Information is subject to change.
This Program Requirements Guide is not a contract.*

Program Start Dates

Fall, Spring

Course Sequence

The following course sequence is required and can be completed by full-time students in one semester.

First Semester

ESTH 1710 Risk Management for Estheticians (online)	2
ESTH 1712 Advanced Exfoliation	4
ESTH 1714 Advanced Skin Care Techniques	5
ESTH 1716 Advanced Clinic 1 for Estheticians	4
ESTH 1718 Advanced Clinic 2 for Estheticians	4
Total Semester Credits.	19

Total Program Credits 19

Current Minnesota Esthetics or Cosmetology License:

Students must bring a copy of their license on the first day of class. A copy will be added to the students' permanent file.

Advanced Esthetics Classes Prerequisite

In order to register for Advanced level esthetics classes series ESTH 17XX, students must have verification of: completion of all training and passing results of all state written and practical skills testing for basic esthetics or cosmetology in accordance with Law and Rule of the Minnesota Board of Cosmetology; or current/active Minnesota basic estheticians or Minnesota cosmetology license.

All necessary documents must be submitted to the program faculty for verification prior to registration.

Minimum Program Entry Requirements

Students entering this program must meet the following minimum program entry requirements:

Reading: Score of 240+ or grade of "C" or better in READ 0721 or READ 0724 or EAPP 0860

Writing: Score of 240+ or grade of "C" or better in ENGL 0921 or EAPP 0870

Arithmetic: Score of 250+ or grade of "C" or better in MATH 0745

Assessment Results and Prerequisites:

Students admitted into Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.